

## Menopause and Perimenopause – Education

### **Ms FINLAY question to MINISTER for HEALTH, MENTAL HEALTH and WELLBEING**

My constituent question is from Leigh in Launceston, who says: so many of my friends are all paying for medical care, myself included, to find out about perimenopause and menopause the hard way. Costly misinformation, expensive processes and poorly-timed information, impact extenuating on neurodivergent women, impacting mental health care, bone density, osteoporosis, obesity, heart disease and family relationships from people as young as 30 years old. Is there an opportunity to have some small women's forums to get more information out there, like a question-and-answer session, and some open sessions where men are welcome to gather information and education, as the cost of menopause and perimenopause impact not just women?